The Surrey Circle[™]

LOCAL BLACK BOOK

Reigate • Dorking

CONNECTING

LOCAL BUSINESSES

WITH LOCAL PEOPLE

Autumn / Winter 2021 | Edition 06

www.thesurreycircle.co.uk



An all-inclusive offer for total peace of mind in Reigate

Signature at Reigate Grange offers assisted living, specialist dementia care and 24-hour nursing. The purpose built home combines beautiful interior design, five-star amenities, a landscaped garden, fine dining and the highest level of care and service. Residents can choose from en-suite studio or one-bedroom apartments and enjoy a fantastic range of facilities including a cinema, café, restaurant, private dining room, a hair salon and spa bathrooms offering a totally holistic experience.

Residents who move to the home with the all-inclusive incentive will benefit from a wide range of lifestyle extras, all included in the weekly fee for the duration of their stay. This includes weekly hairdressing, nail treatments and six weekly professional health services such as chiropody, Residents and their families do not have to worry about any additional costs, giving the utmost peace of mind.



Call our Client Liaison Managers Julie or Flo now to take advantage of this inclusive incentive 01737 742922 | enquiries.reigate@signaturesl.co.uk | signature-care-homes.co.uk

welcome!



Noticed a difference? YLLBB has evolved into something bigger, more colourful and embracing all of Surrey. But we've kept our local focus.

Our original vision was to establish a printed directory to highlight local businesses. In response to our growing audience and the needs of our customers, this has evolved into The Surrey Circle - a multimedia community hub for the whole of Surrey.

We aim to offer the perfect local marketing solution, bringing local businesses and local customers together across print, online and social media platforms. Our online offering has expanded to include our new Shopping Hub, the go-to place to browse local shelves.

Our reach has expanded too: having established our presence in Reigate & Dorking, we're spreading our wings to include all businesses across Surrey. But our emphasis on keeping things local remains, as does our commitment to

Thank you for your support and to those who have only just discovered The Surrey Circle, delve in and explore what's on your doorstep! Take a look at our website: TheSurreyCircle.co.uk and Sign-Up FREE so we can keep you in the loop of what's happening in your town and beyond. Happy browsing!

















customer service.

HOME & GARDEN HOME & GARDEN

DORWYN - COMPOSITE DOORS, DOUBLE GLAZED WINDOWS & BI-FOLD DOORS

At Dorwyn, we always go that extra mile for our customers to offer composite doors, uPVC double glazed windows and aluminium bi-fold doors, installed by the master craftsmen who really care about your home. Our company is founded on the old-fashioned values that you rarely see but provide the latest A-rated products in today's market. This makes us the preferred choice for bifold doors, warm conservatory roofs, uPVC doors and more besides.

43 Lesbourne Road, Reigate RH2 7JS

**** 01737 847196

110 High Street, Godstone RH9 8DR

**** 01883 725730

f o dorwynltd

www.dorwyn.co.uk





RESPRUNG UPHOLSTERY

Upholstering your old and tired furniture and bringing it back to it's former glory, maybe with a twist making it unique.



Please contact me for a quote.

**** 07890 098245

ReSprung Upholstery

resprungupholstery

mannon.lloyd@yahoo.co.uk



BOOK A TEST DRIVE* TODAY.

As one of the few privately owned franchises for MINI, Vines of Redhill can be relied upon to provide you with a level of customer service that will more than exceed expectations. With over four decades of experience within the automotive trade you can rest assured that purchasing your next vehicle or tending to maintenance requirements will be as rewarding and effortless as possible.

We have a range of New and Approved Used MINI stock available to test drive, contact us to find out more information.

To book a test drive* contact us using the below details.

VINES OF REDHILL

10-12 Bonehurst Road, Salfords, Redhill, RH1 5EP

01293 787380 | vinesgroup.co.uk | 🛩 f 🔘 @VinesGroupMINI

*Test drive subject to applicant status and availability.







HOME & GARDEN HOME & GARDEN -

BARKNSTROLL

- · Dog walking set within acres of secure open fields
- Collection and drop home service
- · Caring staff for lots of fun & cuddles
- Now selling Grain Free naturally sourced dog food
- · Weekday home visits (30/45 mins) for puppies & dogs



- **** 07990 572802
- info@barknstroll.co.uk
- f o barknstroll
- www.barknstroll.co.uk





AYEGARDENING

Ayegardening are a family run landscaping business who provide 3D concept designs, a complete landscaping service, regular garden maintenance and after care advice.

Landscaping services include a full design and build, porcelain and natural stone patios and paths, Millboard decking, resin bound driveways, fencing, turfing, planting, artificial grass, retaining walls and much more.

Please check out our website and social media channels to see more of our work.

- **** 01293 516874
- **f ⊙ y** ayegardening
- www.ayegardening.co.uk







Support Local | Shop Local | Buy Local

HOME & GARDEN HOME & GARDEN -

ARE YOU SURE YOU'RE INSURED?

Make sure your policy is right for you with the help of the experts

When choosing home insurance, more often than not we go for the quickest or cheapest option, perhaps not totally confident but hoping for the best. Whilst this approach might seem like the most convenient at renewal, there's a risk of rushing and not considering the quality of cover on offer or the actual value of our possessions, assuming an 'off-the-shelf' product will provide adequate protection.

In reality, insurance is far from a one-size fits all scenario. Tracev Rooke, Private Client Executive at NFU Mutual Henfield and Chichester Agency explains more.

"Estimating the value of our homes and contents isn't something we do regularly, and when time is precious, it can be easy to forget or dismiss things. But inaccurately calculating the rebuild cost or the total value of your contents could leave you open to the risk of being underinsured or unable to access the appropriate specialists, and unfortunately, most don't realise this until they come to make a claim."

To be 'underinsured' means that the amount you're covered for is less than the cost of rebuilding, replacing, or repairing. For example, if you had a fire at your home and the value of your contents is stated at \$70,000, but the actual cost to replace your contents is £150,000, then you're underinsured, and the reality is your policy won't pay more than £70,000, leaving you to pick up the shortfall.

It's particularly important that those who live in larger, higher value homes or have many expensive items - perhaps jewellery and

watches, fine art or collections, or even designer interiors and tech - are mindful that standard insurance may not fully protect them or include features such as agreed values and access to specialist repair/replacement services.

So how can you avoid underinsurance?

Tracey Rooke shares some tips:

- · Go through each room and account for anything you would need to replace in event of a claim - include things like soft furnishings, curtains and furniture, as well as the more obvious high-value items like technology.
- · Estimate the cost as if you had to buy new, rather than the price you paid
- · Consider whether the value has changed for any items such as antiques or art collections
- · Don't forget items in storage, in a safe or at
- · Check your policy for any set limits for valuables and single items such as jewellery
- · Review your cover regularly and if you're unsure, talk things through with a professional.

To find out more about NFU Mutual and our Bespoke home insurance for high-value homes and contents, contact -

Tracey Rooke, Private Client Executive, Henfield and Chichester Agency on 01273 492239 or email tracey_rooke2@nfumutual.co.uk



Chatan A Modi is an appointed representative of The National Farmers Union Mutual Insurance Society Limited (No. 111982). Registered in England, Registered Office: Tiddington Road, Stratford-upon-Avon, Warwickshire CV37 7BJ.



COLOURWISE DESIGN

Colour Consultant helping you choose the perfect colours for your home, from paint for one room to all design decisions for a new kitchen extension.



- **** 07752 797316
- colourwisedesign@yahoo.com
- o colourwisedesign
- www.colourwisedesign.com

NATURE RECLAIMED

Our scented candles are crafted from our family kitchen in Reigate, Surrey from sustainable ingredients, hand-poured into recycled, repurposed, or reclaimed glass.

The ideal gift... whether you are treating yourself or a loved one!



Follow us to find out more

- for naturereclaimedshop
- www.nature-reclaimed.shop



HOME & GARDEN HOME & GARDEN -

CROSSWAYS

BOARDING, HYDROTHERAPY & GROOMING

We are a 5-star licensed boarding kennels offering overnight stays and day-boards.

Hydrotherapy for rehabilitation, fitness/ maintenance weight loss and fun.

We also offer a range of grooming for dogs of all shapes and sizes.

NEW: Puppy taster grooms and puppy swims to build up confidence in the water.









Station Road, Betchworth RH3 7DF

- **1** 01737 842054
- crosswayskennels
- www.crosswaykennels.co.uk

RLM LOCKSMITHS

YOUR LOCAL LOCKSMITH

- · 24-hour emergency locksmith
- No call out charges
- Residential & commercial properties
- Insurance & security upgrades





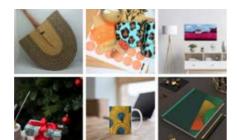
- 07837 917621
- info@rlmlocksmiths.co.uk
- @ rlmlocks
- f rlmlocksmiths
- www.rlmlocksmiths.co.uk

THE COPPER FRUIT

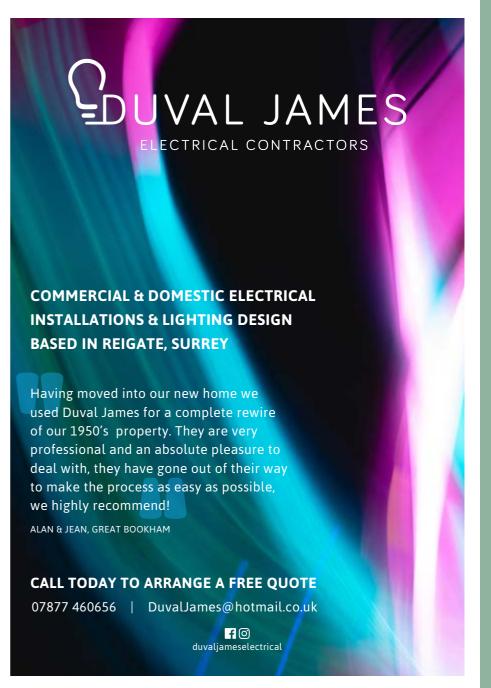
SUSTAINABLE LIFESTYLE CHOICES

A family business bringing you African inspired & sourced home, gift & stationery items.

- · Handmade Women's coop items
- Gift wrap and stationery
- · Hosted travel tours, Ghana



- www.thecopperfruit.com



Support Local | Shop Local | Buy Local

HOME & GARDEN · HOME & GARDEN

GS SERVICES

DOMESTIC & COMMERCIAL CLEANING

BOOK YOUR CLEANING SERVICE NOW!

A family business covering all aspects of home & office cleaning including: Carpet, End of Tenancy, Window, Conservatory/ Gutter & Roof.



- **Q** 0208 239 1427 | 07500 221459
- info@gsservicesgroup.co.uk
- www.gsservicesgroup.co.uk

BEECH TREE INTERIORS BY VIVIENNE WELBY-EVERARD



Beech Tree is a modern soft furnishinas business that offers a personal service and friendly advice on all things fabric.

- No obligation consultation & quote
- Fabric selection and styling advise
- · Hand made bespoke blinds, curtains and cushions
- · Full installation and dressing service
- **Q** 07850 994760
- beechtreeinteriors
- www.beechtreeinteriors.com

HAYTOR KENNELS

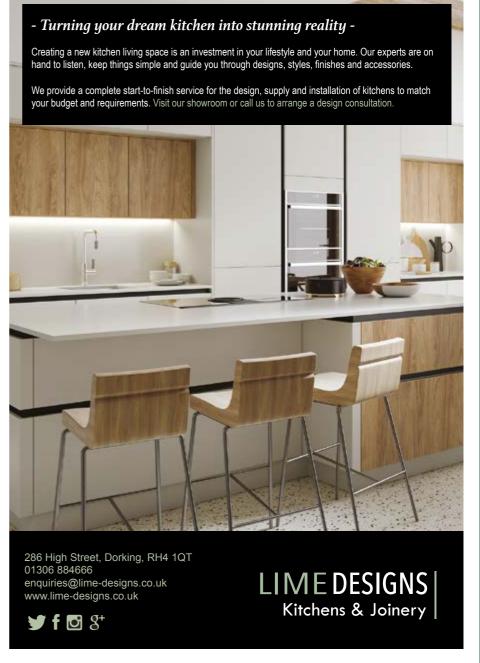
Haytor Dog boarding and Cattery is a friendly, welcoming and well maintained facility where you can rest assure that your pets will receive 5 star care with our fully trained team, enabling you to enjoy your break with peace of mind.

Our kennels are heated and air conditioned for your pets creature comforts.

We don't just offer overnight boarding but we can also cater for day care for your pooch. We have an astro-turfed play area for your dogs to enjoy with equipment to climb on and play in all weathers.

- **** 01737 843543
- bookings@haytorkennels.co.uk
- havtorkennelsandcattery
- www.haytorkennels.co.uk









ASHTEAD

Headley Lodge, Leatherhead Road KT212TP

LEATHERHEAD

Emmeline Lodge. Kingston Avenue KT22 7HY

REIGATE

Colebrooke Lodge, Prices Lane RH2 8AX

Open Tues-Sat, 10am-5pm

*T&C's apply. Visit our website to find out more. Photography represents typical interiors specifications may vary across developments

Worried about the upkeep?

Trust us to take care of it. Your new hassle free lifestyle will mean no more worries about the maintenance to your property, simply sit back and someone else will take care of it. At Churchill your biggest worry will be deciding between a cosy night in or heading downstairs to meet friends in the Owners' Lounge. From cheese and wine tastings, to keep fit classes, the great thing about Churchill is that there's always something going on.

Join us and see how good retirement living can be.

Call us to book an appointment

0800 458 1851

or visit churchillretirement.co.uk



OUR HERITAGE . YOUR FUTURE

REIGATE LIGHTING COMPANY



Reigate Lighting Company is an independent lighting shop providing friendly, professional advice on all aspects of domestic lighting. We also offer a home consultation service to discuss your lighting requirements based on your budget, style and a bespoke lampshade service.

REIGATE LIGHTING - COMPANY -

31 Bell Street, Reigate RH2 7AD

**** 01737 245111

f o reigatelightingcompany

info@reigatelightingcompany.co.uk

www.reigatelightingcompany.co.uk

L.T LEADWORK & ROOFING





- **** 07566 234868
- £ L.T Leadwork & Roofing
- (i) Itleadworkroofing
- www.ltleadworkandroofing.co.uk

Support Local | Shop Local | Buy Local

We at L.T Leadwork & Roofing have a great work ethic and take pride in all our work. We have a keen eye for detail. We are very reliable and respectable with over 10 year's experience the quality of our work speaks for itself.

Our Services include:

- New Roofs
- Slating & Tiling
- Flat Roofs; 3 Layer Felt System, **Fibreglass & EPDM Rubber Roofs**
- · Leadwork
- · UPVC Fascia, Soffits & Gutters
- · Velux Windows
- · Chimney Work
- Repairs
- Free Quotations & Fully Insured



HOME & GARDEN -**HOME & GARDEN**



STOVE SERVE

WOOD BURNING STOVES

- Classic & Contemporary woodburning stoves
- · Fireplace surrounds, Beams & Hearths
- Advise and design of Twin Walled installations
- · Chimney sweeping and wood supply
- HETAS Registered Independent Installer (Not tied to any brands)
- Free Home Survey
- · Outstanding reviews on Checkatrade (100% customer satisfaction)
- **** 01737 771112 | 07497 874832
- f o stove serve
- www.stoveserve.co.uk





SCHM DT

Welcome to Schmidt Dorking

Our showroom in Dorking has helped over 500 local homeowners to create beautiful, quality interiors for their homes.

Our clients choose and recommend us because they admire our great designs, excellent service and that we always aim to deliver what we promise, on time and on budget.

Our customers are our first priority and we have a great team of dedicated designers that are committed to making your ideas of a dream kitchen and home interior solutions become a reality.



Made to Measure

Exclusive to Schmidt, our kitchen furniture is made to measure down to the nearest millimetre, ensuring the best functionality that maximises storage space. Your project will be truly unique. Every style, colour and material can be used throughout the house, from the kitchen to the dressing room and the lounge. Schmidt has designed a range of clever storage units to make everyday life in your kitchen that much easier by keeping everything within reach, including spacious cupboards, base units with pull-out drawers, unique accessories, and even secret compartments. We offer a 10 year guarantee on all our kitchen furniture, as well as 25 years on hinges and drawers.



Support Local | Shop Local | Buy Local

Come and Visit Us!

Book an appointment online for a FREE consultation now at www.home-design.schmidt/en-gb/showrooms/surrey/dorking or call us on 01306 735735 40 West Street, Dorking, RH4 1BU

FOR EXCLUSIVE **SHOWROOM OFFERS***

*QUOTE TSC6



CLASSICO RUGS

PERSIAN TRADITIONAL WOOL & SILK RUGS Visit us to explore a large selection of Handmade Rugs.

Services we provide:

- Rug wash & repair
- · Free home visit & no obligation to buy
- Interior Design
- · Large selection of handmade rugs
- · Small, medium & Large rugs
- · Wool & Silk rugs





- **** 07555 201070
- classicorugs
- www.classicorugs.co.uk

REIGATE PRINTS

Turning your digital photos into meaningful gifts for family and friends.

- · Letterbox photo prints
- · Floral Gallery Walls
- UK & International delivery directly to your recipient
- · Personalised Christmas cards



- reigateprints
- www.reigateprints.com



Callout

Certified to British Standard BS3998

Guilds

LANTRAV

AWARDS APPROVED

Merrist Wood

* Trustpilot

Find us on

Facebook

Follow us on

Instagram



Beechwood

TREE SERVICES

Professional Tree Care











01306 611042 07500 191754

www.beechwoodtreeservices.co.uk enquiries@beechwoodtreeservices.co.uk

24 The Glebe, Leigh, Dorking, Surrey, RH2 8NL

DADES ANTIQUES

Dades Antiques is a friendly family business specialising in antique furniture restoration and cabinet making.

Rvan Harris who leads the business, has over 28 years experience in working with fine antiques. Ryan also creates beautiful bespoke carpentry pieces.





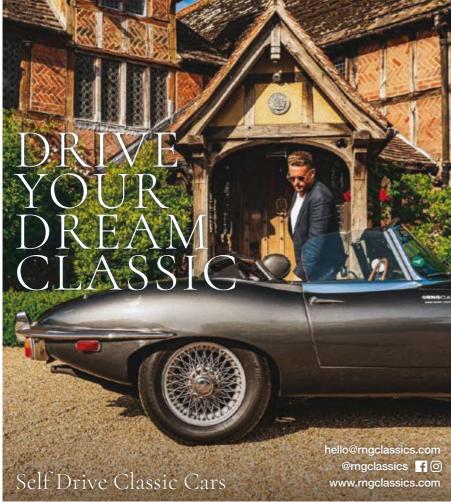
- 1 Fengates Road, Redhill RH1 6AH
- **** 07900 548913 | 01737 767576
- rvan@dadesantiques.co.uk
- antiquerestorer **f** ryan@dadesantiques
- www.dadesantiques.co.uk



LOCAL BLACK BOOK



SOMETHING SPECIAL SOMETHING SPECIAL









THE PERSONAL TOUCH

A visit to Jon Dibben's shop and workshop seems less about a purchase, and more about a uniquely personal experience.

Recognised in the UK jewellery world and one of the first workshops to use Fairtrade gold, Jon and his small team at Smithbrook Kilns, near Cranleigh, have been handcrafting his distinctive designs for over thirty years. But, behind the accolades, they are also very down-to-earth, friendly people.

Walking into their shop is like being welcomed into a comfortable living room, apart from being immediately surrounded by cases of glinting treasure - each piece having come from the intriguing workshop next door.

'I love beautiful gemstones,' says Jon. 'In fact I'm a bit of a hoarder. But it also means our customers can look through them for inspiration.'

Talking to the team, what comes across, along with the combined decades of knowledge and expertise, is an obvious passion for jewellery, and genuine, painstaking care, both within the making process and in helping customers to navigate their hopes and ideas.

Contact Jon for a relaxed and safe appointment.











Support Local | Shop Local | Buy Local

01483 278170



A HIDDEN TREASURE LIFESTYLE & HEALTH -



A beautiful oasis tucked away off the High Street in Dorking.

Independent boutique shops, art gallery, quirky kitchen & coffee house, beauty salon & solarium.

THE FIG TREE

Beautiful gifts and interiors for the home and garden.

- ▼ thefigtree@mac.com
- thefiatreedorking
- www.thefigtreedorking.co.uk

DORKING SOLARIUM

Professional, friendly solarium where you can guarantee Vitamin D and a sun kissed tan.

- o dorkingsolarium

THE COURTYARD

SKINCARE & BEAUTY SALON

A friendly & professional team of skilled therapists providing a wide range of treatments using naturally thinking products.

- info@thecourtvardskincareandbeautv.co.uk
- thecourtyardskincare_beauty
- www.thecourtyardskincareandbeauty.co.uk

IOHN ARTHUR GALLERY

Original oil paintings and selective crafts in established local artist John Arthur's gallery.

- johnarthurgallery@gmail.com
- iohnarthurgallery
- www.johnarthurgallery.com

MICHELE'S DRESS AGENCY

A chic boutique with a selection of designer & High Street new & pre-loved ladies' fashions, hats, handbags, shoes & accessories.

- ✓ Michelebaross@gmail.com
- michele's_dress_agency

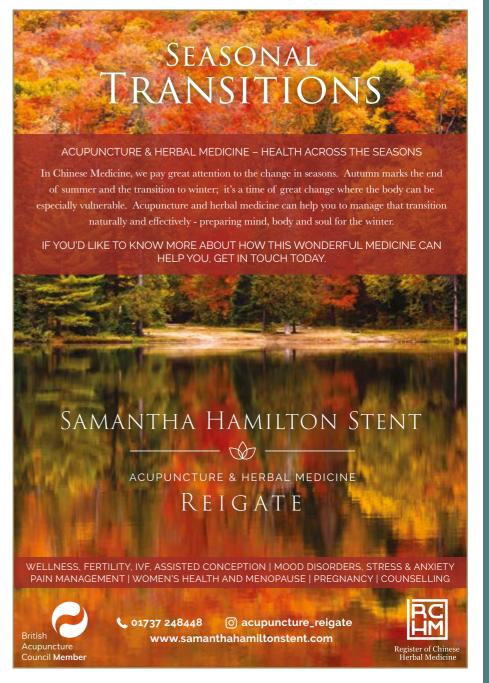
CAPERS COURTYARD

KITCHEN & COFFEE HOUSE

Fabulous & guirky, family run cafe serving fresh home-made food. Championing local producers with great coffee, teas & gelato.

- capersattheyard@gmail.com
- capersattheyard





Support Local | Shop Local | Buy Local



Enabling Your Independence

- √ Reassurance for you and your family
- √ 24/7 support at the touch of a button
- ✓ Wellbeing calls and TrustID assistance bands
- √ Friendly, specialised team, based in Leatherhead
- √ NO hidden fees

Mole Valley Life is here to give you and those you care for the reassurance and peace of mind needed to live safe and well at home for longer. Whether it be through the touch of a button on one of our lifeline alarms, or through one of our wellbeing calls, the Mole Valley Life team are here to support you 24 hours a day, 7 days a week, 365 days of the year.

molevalleylife.co.uk/independent 01372 204500 | mvlife@molevalley.gov.uk

Brought to you by:



In association with:

Reigate & Banstead





ILONA KING COUNSELLING

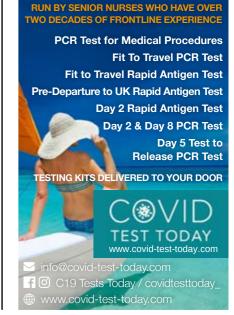
Highly experienced and trained, BACP registered relationship and individuals counsellor based just outside Reigate providing short and long term therapy. Online and face to face therapies are offered. Small number of concessionary places are available. *Free parking onsite.





- **** 07493 769982
- ilona@ilonakingcounselling.co.uk
- www.ilonakingcounselling.co.uk







LIFESTYLE & HEALTH LIFESTYLE & HEALTH -

CAPTIVE PHOTOGRAPHY





BROCKHAM B&B



Situated on the spectacular Brockham Green, offering luxury country rooms and delicious breakfast options all sourced locally...the eggs come from the family chickens.

Close to both Reigate & Dorking, Brockham B&B is ideal for visiting friend & relatives.

South Lodge Brockham Green, RH3 7JS

- **** 01737 843883
- (iii) brockhambandb
- www.brockhambandb.com

AWAKE ALEX YOGA



I love yoga for its holistic approach to wellbeing, in body and mind. Join me for a great way to relax and de-stress while also improving your strength and flexibility.

- · Classic Yoga Tues 7.30pm 8.45pm at North Holmwood Village Hall
- · Yin Yoga Reset One Sun per month 4.00pm - 5.30pm together over Zoom
- **** 07921 720097
- awake_alex awakealex
- www.awakealexyoga.co.uk





We come to you



We work with your schedule



We provide the equipment



We customise the workout for you



**** 07825 249 634 info@meperformance.co.uk meperformance.co.uk





LIFESTYLE & HEALTH LIFESTYLE & HEALTH -

CLASHFIT TRAINING

A health and fitness club based out of Surrey Martial Arts Club in Redhill, Surrey. We run small group personal training sessions which are open to all ages and abilities. The classes are designed for anyone who wants to get fit. stay fit and improve their fitness levels. Our skilled trainers work with you to understand your goals, maximise your motivation and achieve the best results.



ClashFit Training classes are led by 1 trainer with a maximum of 4 members in each session, this allows us to coach effectively, giving you the attention you need whilst maintaining a high level of service for each and every member.

We are so confident in our service, you can try us for 7 days completely FREE, head to our website to find out more!



53 Ormside Way, Redhill RH1 2LW

- info@clashfit.co.uk
- Of ClashFit Training
- www.clashfittraining.co.uk

SURREY HILLS PHYSIOTHERAPY (SHP)

THE BARN, DENBIES WINE ESTATE Excellence in Musculoskeletal Health



- (c) surreyhillsphysio
- shp@surreyhillsphysiotherapy.co.uk
- www.surreyhillsphysiotherapy.co.uk

Offering excellence in musculoskeletal healthcare, our consultant-led physiotherapy team, and our client-focused approach, puts you at the heart of everything we do. Alongside our expert services, we also provide a full range of health and wellbeingfocused classes, workshops, and retreat days in our beautiful, spacious, and airy studio.

Based at The Barn on the Denbies Wine Estate, we offer a range of in-house and virtual options for physiotherapy appointments and classes including:

- · Specialist physiotherapy expertise in women's health, antenatal and postnatal care, sport specific rehabilitation, chronic back pain management
- · Physiotherapist-led Pilates classes, Yoga, Tai Chi & Sound Healing
- Massage, Workshops & Retreats

RIGHT AT HOME





TRUSTED CARE AND SUPPORT FOR THE SENIORS IN YOUR OWN HOME.

Winner 'Care Team of the Year' Surrey Care Awards.

- · Rated 'OUTSTANDING' in responsive and 'GOOD' overall by CQC
- Our service includes (one-hour care visits to full-time live-in care)
- Adoption & adherence to best practices since the outbreak of Covid19
- All Caregivers are matched and introduced to Clients in advance





L 01737 906012



www.thesurreycircle.co.uk

www.rightathome.co.uk/reigatecrawley

AIRHEAD COACHING & CULTURE

Breathing fresh air into your life and business to find new energy and purpose.

With 20 years' in big corporate, my approach is professional and candid. I will curate an offer that gives you and your team the tools you need to move forward. From personal coaching sessions, through to large-scale people and culture programmes, I work with you to ensure you find the support and direction you need.

- · Individual walk and talk coaching sessions in the Surrey Hills
- Team workshops to build trust and boost performance
- Bespoke programmes to drive a powerful company culture

Contact me for a FREE 30 minute introductory session.





07764 937379

airheadcoaching

kate@airheadcoaching.com

LIFESTYLE & HEALTH LIFESTYLE & HEALTH -

How Can I Help You



By Therapeutic Coach & Mentor VIDYA BELLUR FROM VIVID OUTCOMES

What a year it's been, and it still may feel a work in progress for lots of us, just to recalibrate where we are at, and find a rhythm as we try to step out of the pandemic.

Redefining what 'freedom' looks and feels like to each of us, all in the back drop of an understanding that much of the world is experiencing challenges of its own, may make our own personal concerns and worries appear and feel insignificant.

That said, each of us are living our own lives, with our own unique set of circumstances, with our own specific challenges. In life we can experience joy, happiness, and fulfilment with the good times, but equally the pendulum can swing, where we can experience sadness, grief and upset with the not so good times. I consider it both my purpose and my privilege as a Therapeutic Coach and Mentor, to help people to find an equilibrium that enables them to endure and balance these highs and the lows in a different way - empowering them to work on their self esteem, stress and anxiety levels, and sort out those unhelpful habits that may have arisen as a result. As I always say, "I'm in the business of human beings!". In my practice, I see children, teens and adults.

Typically I see adults who are:

- Dealing with anxiety, stress and burnout and want support to handle life differently
- Committed to resolving their unhelpful habits and patterns of behaviour
- Looking to positively manage the impacts of life changes on themselves and their families
- Wanting to prioritise themselves and move forward with their goals and aspirations

Typically I see children/teens who are:

- Worried about going to school/college/ university and don't know what to do with those feelings
- Stressed and anxious about their exams. and want to find ways to perform without feeling that way
- Concerned about friendships, and unsure of navigating them securely without confrontation or loss
- Emotional about something that they want to resolve but unsure how to

Available to listen to is my podcast: Choices-by Vidya Bellur (available on all major audio platforms). In the latest series I discuss topics that arise regularly when I meet with client in my practice: self-reliance, the nature of habits, selfexpression, indecision, authenticity, the body-mind, perseverance, anger, self-worth, connection, grief. Listening to these, gives you a flavour of my approach that my clients have found to be invaluable.

I offer individual and familial therapeutic coaching and mentoring programmes tailored to you and your needs:

Child Spotlight, Grown-Up Spotlight, Parental Focus, Family Harmony.

Whenever you are ready to find calm, clarity, perspective, and happiness, I'm here to listen and be of service.

I saw Vidya to get some help with some bad habits I have had since I was a teenager. I was hesitant to start with as I thought these habits were so ingrained there was little I could do to change them and I was reluctant to talk about them with someone I didn't know. From the very beginning Vidya made me feel at ease and by the end of the first session I could already feel a shift in my patterns of thinking. It is not an overstatement to say after five sessions my outlook has completely changed and the old habits are just not there. Vidya is intelligent, insightful and kind. If you are thinking about working with her to help you change I cannot recommend it enough. (Client S, Reigate)

Support Local | Shop Local | Buy Local

My daughter's anxiety was so severe it was causing her to miss school and she was unable to take part in clubs and social activities. My husband and I couldn't agree how best to help her and this was causing tension in the family. Vidya was able to connect and build trust with my daughter from day one. Following the sessions her anxiety is greatly reduced. Vidya has given her strategies to use and has helped to build up her confidence and self-esteem. Likewise, Vidya has empowered me too, in ways I can offer support. Vidya is a truly warm, compassionate and gifted professional, who has made a difference to all our lives and we will be forever grateful to her. (Parent T, Redhill)



I offer both individual and familial therapeutic coaching and mentoring services. Why not book a free 15 minute discovery call to find out how I can help you and your family to find calm, clarity, perspective and happiness.

- Clinical Hypnotherapy
- Emotional Freedom Tapping
- Mindset Coaching
- Mindfulness Training
- Breath Coaching
- Somatic Coaching

07739 393947

info@vividoutcomes.co.uk

www.vividoutcomes.co.uk in f







LOCAL BLACK BOOK

- FOOD & DRINK FOOD & DRINK -



TWO MANY COOKS

We are a bespoke wedding and party caterer serving food that is beautifully prepared and ultimately delicious.

We have thrown some incredible events over the years such as Weddings, Christenings, Memorials & Funerals, Birthdays, Corporate Events, Anniversaries, Country Lunches and Afternoon Teas; really any excuse for a party or celebration.

Our coffee shop on South Street, Dorking offers locally roasted coffee & delicious food. Pop in, grab a seat, it is the perfect place to meet or even make new friends.

No 32 South Street, Dorking RH4 2HQ

- **** 01737 841624
- → hello@twomanycooks.com
- (iii) twomanycooks
- www.twomanycooks.com





 FOOD & DRINK FOOD & DRINK -



THE SOCIAL TABLE

The Social Table offer a range of private chef and event catering services. From delivered afternoon teas on our elegant high tea stands to 5 course tasting menus featuring local produce and carefully selected wines, we can tailor any menu to your needs.

Launched during the 2nd lockdown of 2020 The Social Table was started by Richard Skinner after being made redundant from his role as group executive chef for a boutique contract caterer. Richard's experience varies from 3 Michelin star hotels in Paris to Mercedes f1 and loves cooking with local, seasonal produce.

Our Services:

- · Bespoke private dining
- · Afternoon teas
- · Garden parties / Events / Weddings



THE SOCIAL TABLE



- the_social_table_uk
- www.thesocialtable.co.uk









FOOD & DRINK -FOOD & DRINK



The Tasting Rooms

The Tasting Rooms are delighted to have won the Muddy Stilettos Best Bar in Surrey Award.



We have 40 wines available by the glass and delicious platters of award winning cheese and charcuterie to accompany them. Our new Moroccan Garden is open. Private hire rooms available for Christmas, birthday or any celebrations you have planned! From 15 - 50 people (no hire fees).





ENJOY A FREE GLASS OF FIZZ

TUESDAY TO THURSDAY WHEN ORDERING A PLATTER*

Luxury Hampers

The Vineking are proud to source, assemble and deliver beautifully presented hampers perfect for friends, family occasions and corporate clients. We specialise in wonderful food and drink gifts for the festive season.

Nationwide delivery

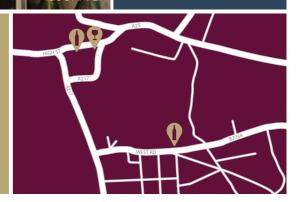
Pricing to suit any budget from £35 - £500

BRANDED CORPORATE GIFTS AVAILABLE

Contact: hampers@thevineking.com

- THE TASTING ROOMS

thevineking.com





DORKING BUTCHERS



Speciality butchers shop in the heart of Dorking, supplying excellent locally produced meat and dry aged breed beef. We hold time honoured techniques above massed produced supermarket offerings, bringing long established traditions back to the high street.

Ethical meat - the green and fair livestock standards we insist on.

48 High Street, Dorking RH4 1AY

- **** 01306 640517
- The Dorking Butchery
- dorkingbutchery
- www.thedorkingbutchery.co.uk

LEBNANI

Lebnani Restaurant is a small family business, recognised as The Best **Restaurant in Surrey by Muddy** Stilettos Awards 2021!

Founded by chef Jad Youssef, at Lebnani we continue doing what we love every day, offering authentic Lebanese mezze and charcoal grills created with locally sourced ingredients from Surrey & Sussex farms.

LEBNANI CATERING

DELICIOUSLY AUTHENTIC LEBANESE FOOD FOR ANY OCCASION!

11 Church Street, Reigate RH2 0AA

**** 07495 528919

(i) lebnaniuk

www.lebnani.co.uk



FEAST + FROLIC

EXPERIENCE THE MAGIC OF GRAZING Catering service in Surrey specialising in mouth-watering Mediterranean spreads using artisan breads, cheeses, charcuterie, crudités, dips, chutneys and fresh fruits.

- · Graze and Brunch Platter boxes delivered straight to your door
- · Perfect for all occasions, make lovely gifts or just treat yourself!



hello@feastfrolic.co.uk

(0) feastandfrolicsurrey www.feastfrolicsurrey.co.uk











STYLE & BEAUTY -**FOOD & DRINK**

Tomato Tea - For Me!

Surrey blogger Natalia Wolski shares with us her fine dining experience at Steve Drake's Michelin star restaurant Sorell, Dorking.



Written by Natalia. Follow @shedreamsofgucci

Sorrel restaurant in Dorking, opened in 2018, by the über-talented Steven Drake, formerly of Drakes in Ripley and holder of a coveted Michelin star there for 14 years, wasted no time with Sorrel, gaining a Michelin star here too within a year. We were lucky enough last month to sample.

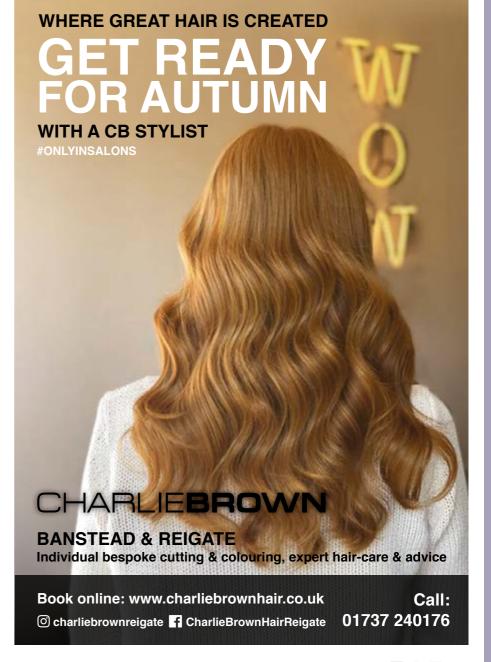
An absolute corker of a 9-course tasting menu, with perfect wine accompaniments from the delightful sommelier Valentin and thoughtful and detailed insights by our engaging but unobtrusive waitress.



Steve Drake has created a menu that truly surprises, with some inspiring combinations, faultless. If you're a foodie, it's an absolute must. With locally sourced ingredients and even wine (they use the local wine merchant in Dorking wherever possible and have a variety of locally produced wines), it really is no surprise that this 40-seat restaurant has people crossing the country and queuing up to sample Drake's innovative and adventurous creations.







ORRF

- STYLE & BEAUTY STYLE & BEAUTY -

VICTORIA'S LITTLE BRA SHOP

Award winning lingerie, swimwear & nightwear boutique established in 2013 by mother and daughter

- · Professional fitting service
- · Sizes 30-44 backs & B-H cups
- No appointment necessarv



25 (Unit 20) St Martin's Walk RH4 1UT

01306 883914 info@ayaboutique.clothing www.ayaboutique.clothing

Aya Boutique O ayaboutique_

66 West Street, Dorking RH4 1BS

**** 01306 743338

info@victoriaslittlebrashop.com

www.victoriaslittlebrashop.com

Reigate Eye Studio







Independent **Boutique Opticians** providing high quality stylish evewear and state of the art presciption lenses.

> 16 High Street Reigate RH2 9AY

01737 333 111 reigate@theeyestudios.co.uk www.reigateeyestudio.co.uk

Pop in with a copy of your prescription and choose from our exciting range of eyewear!

BELL STREET BARBERS







27A Bell Street, Reigate RH2 7AE

for bellstreetbarbers



www.reworkit.org

61 High St, Reigate RH2 9AE 01737 223789

hello@reworkit.org

RE.WORK.IT CHARITY BOUTIQUE



Looking for some vintage style that doesn't cost the earth? Our charity boutique specialises in pre-loved, sustainable high-end men's and women's fashion. Bag a designer bargain AND support local charity Active Prospects that helps people with learning disabilities, autism, and mental health conditions to gain skills and confidence to find work.

POP IN ~ SHOP ONLINE ~ DONATE





STYLE & BEAUTY -STYLE & BEAUTY

ISOBEL PENNY - IMAGE CONSULTANT AND PERSONAL STYLIST

Would you like to know the colours that make you look amazing?

Do you often look tired even when vou aren't?

Do you have a wardrobe full of clothes but nothing to wear?

Do you admire clothes on someone else only to put them on to then not like them?

Do you find that you don't feel comfortable or that you don't like yourself in your clothes?

Contact me now for solutions, FREE discovery calls available.

- **** 07816 539513
- isobel.penny@houseofcolour.co.uk
- f hocworcesterparkisobelpenny/
- allaboutyou_stylewithisobel/
- www.houseofcolour.co.uk/isobelpenny



HOUSE of COLOUR Isobel Penny

Daniels Jewellers

Your local family run Jewellers, serving Reigate for over 28 years

Established in 1993, we have since been serving the community with a range of high quality products and friendly service. We take pride in offering a range of products and services including:

- Bespoke jewellery commissions
- Engagement and Wedding rings
- · Diamond jewellery
- · Wide range of jewellery in stock, including gold, silver, pearl and coloured gemstones
- · Jewellery and watch repairs



30 High Street, Reigate RH2 9AY daniels-jewellers.co.uk info@daniels-jewellers.co.uk 01737 244080



Our new Shopping Hub is **NOW LIVE!** We've found some fantastic people selling sumptuous things, both on the high street and off it.

From everyday necessities to seasonal gift ideas, take a browse through the Shopping Hub and discover the hidden gems on your doorstep!

www.thesurreycircle.co.uk fin



CALLY BORG HAIR

We are a professional, experienced independent Hairstylist's working from a luxury home salon providing a calm, friendly, relaxed environment where simplicity meets creativity.

It's important to us to be environmentally friendly and we are proud to be a Certified Sustainable Salon recycling up to 95% of waste, including hair & foil.

We use a natural Organic, Vegan Hair Care range which aligns with our values.

- · I offer Business Mentoring, helping Stylists create a 'Lifestyle Business'
- Welcoming Chelsea our new Senior Stylist whom I have mentored!
- · Proud to be Surrey Hairstylist of the Year 2020 and nominated for 8 categories for 2021
- Free Parking, Free WIFI!

Support Local | Shop Local | Buy Local



42 Blackborough Rd, Reigate RH2 7BX

- **** 07725 749823
- callyborghair
- www.callyborg.com

FOR THE FAMILY FOR THE FAMILY -





VISIT US WORKING

virtually or in person OPEN MORNINGS

and to register for events

Please visit rgs.to/open for dates, information and to register for events

LIVE Q&A AND
INDIVIDUAL TOURS



01737 222231 | admissions@reigategrammar.org reigategrammar.org









01737 244 880 | admissions@reigatestmarys.org reigatestmarys.org









01737 812 011 | admissions@chinthurstschool.co.uk chinthurstschool.co.uk

■ ChinthurstSchool
■ @ChintSchool
■ ChintSchool
■ Chi







BROOKLANDS SCHOOL

Brooklands is a first-class specialist school for children aged 2-11 with a range of physical & developmental disabilities, including autism, with two sites in Reigate. We are currently trying to raise 30K to develop outdoor classrooms.

Thank you to our volunteers Aaron the Arborist & D R Newland Tree Care who are supporting us again this year. They collect & recycle your real Xmas trees for a donation to our charity: www.fobsreigate.org



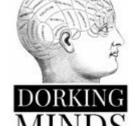
www.brooklands.surrey.sch.uk

DORKING MINDS

Dorking Minds is a community, volunteerbased group raising funds & awareness to make Mental Health First Aid training available to all.

Our projects focus on mental health and creating resilient human beings.

Please take a look to see what's coming up next...



- dorkingminds
- **f** dorkingmindsgroup
- dorkingmindsgroup
- www.dorkingminds.org.uk







Creative Makers Market

Sunday 11am - 4pm

14th November - 5th December

Book your free timed entry ticket

Join our event mailing list

www.dapperandsuave.uk

RACHEL THORNHILL PHOTOGRAPHY

PROFESSIONAL PORTRAITS Beautiful story-telling photography and stunning wall art for fun loving families. Celebrate your family with natural outdoor and lifestyle photography.



**** 01737 244745

rachelthornhillphotography

www.rachelthornhill.co.uk/families

Caterpillar Music Caterpillar Music

Classes Now in Reigate

Looking for fun for little ones?



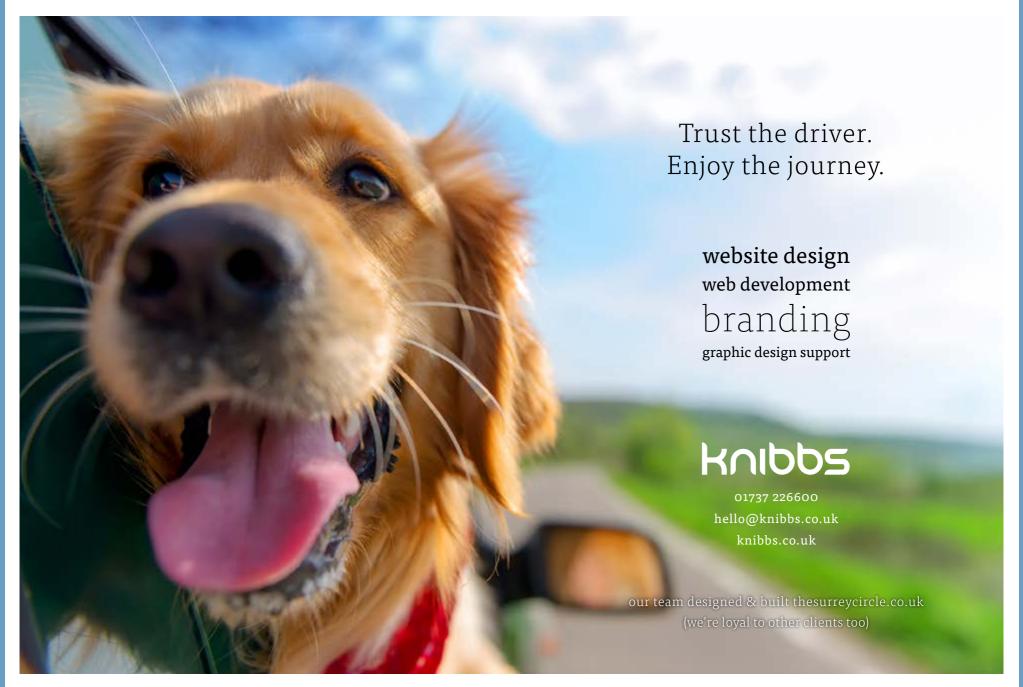
Relaxed Music, Movement and Sensory Sessions for 0 - 4 years.

Contact Alison to book your FREE trial:

www.caterpillarmusic.com/class-leaders/alison-blackwell Reigate@caterpillarmusic.com | 01737 247 298 / 077 664 88315

Instagram: @caterpillarmusicreigate | Facebook: caterpillarmusicreigateandhorley

BUSINESS SERVICES BUSINESS SERVICES





BODDY MATTHEWS SOLICITORS

Helen Boddy and Kate Matthews are high-calibre solicitors with an excellent legal pedigree and proven track record.

- · Employment and HR Legal Advice
- · Dispute resolution
- · Business Advice
- Franchising Advice



Solicitors

**** 01737 339838

www.boddymatthews.com

JUST ASK MIFFY

Run your own business but overwhelmed by admin? Too busy to grow your business, find new customers or even take time off? Just Ask Miffy for all your operational needs:

- General admin
- Project support
- Process improvement
- Database management



- **** 07986 552383
- www.justaskmiffy.com

MCS-ITS - NEED IT SUPPORT?

MCS TITS

Helping you reach the cloud

- · Managed home, micro, small & midsized business IT Support
- Microsoft Partner & Office 365 reseller specialists
- Helping you & your business move & get the most from Office 365 Cloud
- Cloud Data Backup & Cyber Security
- Cloud hosted telephony
- Training & Adoption
- **** 0800 994 9028
- max.cooper@mcs-its.co.uk
- maxcloudservices
- www.mcs-its.co.uk

RACHEL THORNHILL

CORPORATE & BRAND PHOTOGRAPHY





Why use stock images when you can use bespoke photography to build trust with your potential customers from their very first contact with you?

You and your team are your Company's best assets, so with your ideal client in mind, we create a series of images that tell your story and help you connect with your target audience. Together we create images that help build positive relationships across all of your marketing collateral; your website, social media and print materials, strengthening your brand and helping your company to stand out in a crowd.

My name is Rachel Thornhill and I'm a Professional Portrait Photographer. I specialise in capturing beautiful portraits of people, which my Business Clients have gone on to use for their websites, social media and on business specific platforms such a Linked In.

To give you an idea of what we can achieve together, here is what a few of my Clients have to say...



"What an eniovable afternoon... professional yet fun with plenty of genuine smiles! Rachel captured what we were aiming for perfectly"

Lisa & Alison www.thesurreycircle.co.uk



"Rachel is great to work with. If you want some professional head shots then get in contact with Rachel"

Dan Reynolds www.rlmlocksmiths.co.uk



"Rachel couldn't have been more accommodating and completely put me at ease during the entire process"

Andrea Robson The Essential Stylist.co.uk

FOR A NO OBLIGATION BRAINSTORM ABOUT WHAT WE COULD ACHIEVE TOGETHER FOR YOUR BUSINESS, CONTACT ME TODAY!











BUSINESS SERVICES -**BUSINESS SERVICES**

HAYES FINANCIAL PLANNING

Tailored Financial Planning Through Open and Honest Conversation

At Hayes Financial Planning we recognise that everyone's financial situation is unique. We believe that a personalised service is essential when matching you with the right financial products and services to ensure you make the most of the money you have now, as well as growing your money for the future. Our areas of advice include Pensions. Investments, Protection and Mortgages.



**** 07882 442806

michael.haves@sipp.co.uk

f hayesfinancialplanning

O hayes_financial_planning_ltd

www.havesfinancialplanning.com



SUMMER DAY

We are an award-winning digital marketing agency and come with a track record of proven results. We help brands truly connect with their customers across web, mobile, social media and print.

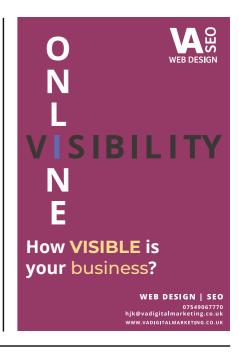


**** 01737 339810

o summerdaymedia

www.summerdaymedia.com

Support Local | Shop Local | Buy Local



Let us search for your next star...

We help businesses in Reigate, Redhill, Dorking, Leatherhead & surrounding area find the very best people for their teams, supporting small businesses to global companies.

Covering Accounts, Admin, Analysts, Call Centre, Commercial, **Customer Service**, HR, IT, Operations, Sales & beyond.



01306 779199 | © rockpool10 info@rockpoolrecruitment.co.uk www.rockpoolrecruitment.co.uk

FLUENT WITH DANI

Modern Foreign Languages teacher with QTS & Cambridge CELTA qualifications.

ITALIAN CLASSES ONLINE & 1-2-1.

Conversational confidence boosting lessons for ALL LEVELS.





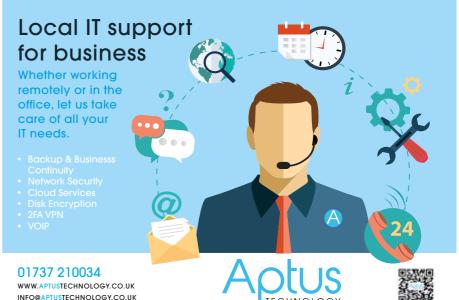
Sign Up & receive either a FREE lesson or Italian cooking class.

**** 07934 525030

info@fluentwithdani.co.uk

in fluentwithdani Fluentwithdani

www.fluentwithdani.com



BUSINESS SERVICES BUSINESS SERVICES

THE MINUTE MAKER

VIRTUAL BUSINESS SUPPORT

I help successful but overwhelmed local business owners take back control of their time by bringing order to their admin processes & social media strategy, providing space for focus and freedom.

- · Email management, filing, data entry
- · Minute taking
- · Streamlining admin processes
- · Social media support
- · Follow on Instagram for useful business tips!



- lisa@theminutemaker.co.uk
- theminutemaker
- www.theminutemaker.co.uk



HELMSWOOD SERVICED APARTMENTS

Feel good and enjoy the comforts of home when you book your stay at our exceptional Serviced Apartments, conveniently located in Redhill town centre.

Your safe, clean, fully equipped apartment gives you a cost-effective alternative to hotels and you can relax knowing we are I-PRAC accredited.

- · Superfast broadband & free Wi-Fi
- · Short-term work or leisure stavs
- Secure booking
- · 360 virtual or real tours

We promise you a high standard of home from home living and a comfortable stay.

**** 07930 713832

team@helmswood.com

f helmswood (a) helmswoodsa

www.helmswood.com





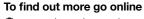


REIGATE & BANSTEAD WORKS

LIVE LOCAL, WORK LOCAL

Are you looking for a job, career change, or wish to work closer to home? The RB works website is dedicated to mapping out the local employment landscape and career/job opportunities.

Reigate & Banstead Works has information about key sectors and industries, major employers, training, as well as a search tool to find the latest, live vacancies.



www.rb-works.co.uk



PAGE TAX CONSULTING

A FRESH APPROACH TO PERSONAL TAX MATTERS



Consulting have a well-established client base of individuals who require support in relation to their tax affairs. Services provided include:

- · Tax return compliance
- Tax planning
- Inheritance Tax advice
- · Residency and domicile

To speak to one of our partners about your tax requirements, please call Jon Stewart (pictured above) and quote TSC6

**** 01737 887615

www.pagetaxconsulting.com

HANDYMAN



AHS - Assured Handyman Services

Local, Professional, Reliable

Tailored extensions, refurbishments

and new build for living, working & leisure.

Daines Alonso Architects

Providing a trustworthy, friendly, efficient service.

07977 209903

trevor.acourt@googlemail.com

assured_handyman www.assuredhandymanservices.co.uk

St Mary's Road, Reigate RH2 7JQ 07966 044462

Architects@DainesAlonso.co.uk www.DainesAlonso.co.uk



PHONE REPAIRS

LOCAL ARCHITECT



I Repair

Fast certified phone repairs for iPhone, Android, Smartphones and Tablets,

228 Dorking high street, Dorking RH4 1QR 07845 581195 | 01306 887420



DOG WALKING



The Wee Wanderers Personalised, flexible & adventurous dog walking including solo, family dogs & pack adventures available 7 days a week. 07534 017170

info@theweewanderersdogwalking.co.uk the wee wanderers theweewanderersdw



PEST CONTROL



RID-O-PEST

Pest control services offering fast, effective and safe solutions for all your domestic pest removal needs.

07970 811652 birchridopest@aol.com



HOME-MADE FOOD



Lucy's Ladle Nourishing vegetable soups, stews & salads, lovingly made in my home. Delivered to RH1, RH2 & RH6 doorsteps, with collection available for other local areas.

07983 651678 DM: lucysladle



COOKERY COURSES



Ruths Little Kitchen

From her beautiful Brockham kitchen Ruth offers Children & Adult cookery courses. Online D of E approved.

www.ruthslittlekitchen.co.uk

07717 203360 ruth@ruthslittlekitchen.co.uk ruthslittlekitchen



SUSTAINABLE FOOD PACKAGING



Simply Stem Sustainable Solutions

Providing a tailor-made service selling sustainable packaging to caterers, cafes & restaurants.

07751 838733 | 07713 183099 contact@simplystem.co.uk

simply_stem www.simplystem.co.uk



AESTHETICS CLINIC



AM Aesthetics by Anne-Marie Sharman A nurse-led clinic providing medical treatments & skin solutions to improve & pause the signs of ageing & improve your skin health.

01737 321644 reigateskinclinic

www.amaesthetics.co.uk



FLUTE & MUSIC



Flute and Music Theory Tutor

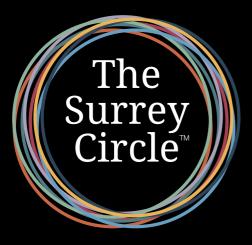
Friendly and professional music lessons, individually tailored for all standards.

07766 467261 catherine@theflutetutor.co.uk

www.theflutetutor.co.uk



The TSC Community: f (O) in LOCAL BLACK BOOK www.thesurrevcircle.co.uk Support Local | Shop Local | Buy Local



Your Local Marketing Solution

We are a thriving community of local businesses and buyers. If you are a business in Surrey, we can keep you connected via our printed 'Local Black Book' and digital marketing platforms too!

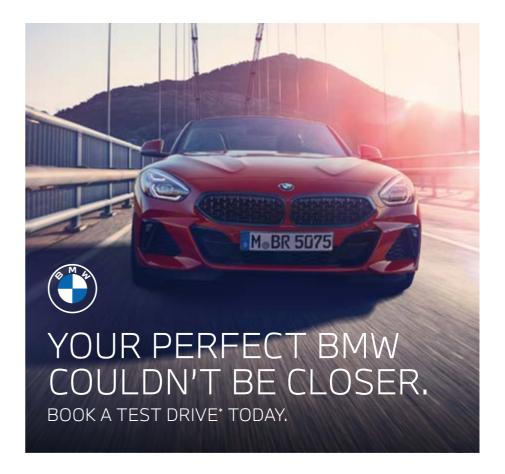
Our aim is to make it easy for you to promote your products and services directly to your most immediate customers and beyond.



GET IN TOUCH & JOIN THE CIRCLE

Check out our website or feel free to get in touch for a chat.

CONNECTING
LOCAL BUSINESSES
WITH LOCAL PEOPLE



As one of the few privately owned franchises for BMW, Vines of Redhill can be relied upon to provide you with a level of customer service that will more than exceed expectations. With over four decades of experience within the automotive trade you can rest assured that purchasing your next vehicle or tending to maintenance requirements will be as rewarding and effortless as possible.

We have a range of New and Approved Used BMW stock available to test drive, contact us to find out more information.

To book a test drive* contact us using the below details.

VINES OF REDHILL | 10-12 Bonehurst Road, Salfords, Redhill, RH1 5EP 01293 772000 | vinesgroup.co.uk ♥ f ⊚ @VinesBMW

*Test drive subject to applicant status and availability.

LUXURY FASHION FOR MEN & WOMEN IN REIGATE

Personal shopping appointments available book online



Loake BOSS TOMMY = HILFIGER REPLAY RALPH 🔊 LAUREN FRENCH CONNECTION TED BAKER®



17 High St, Reigate, RH2 9AA 01737 244413 | reigate@ashworthandbird.com @ashworthandbird | www.ashworthandbird.com

Delivered To 31,500+ Local Homes



Contact us: hello@thesurreycircle.co.uk \ 01737 271199



